



WEEKLY CALENDAR

SEPT 2ND-SEPT 8TH

MONDAY
SEPT 2ND

CLOSED
HAPPY LABOR
DAY

TUESDAY
SEPT 3RD

6AM-4PM
LAP SWIM

8:30AM PILATES

9:30 CARDIO

9:30 DEEP
WATER

10:30AM
STANDING
SITTING YOGA

BASKETBALL
PICK-UP GAMES
11AM-3PM

WEDNESDAY
SEPT 4TH

6AM-4:00PM
LAP SWIM

8AM-12PM
PICKELBALL

8:30AM ML
MUSCULAR
LONGEVITY

9:30 SILVER & FIT

10:30AM
SHALLOW WATER

11:15 TIA
CHI/QIGONG

4:30PM
WATER FITNESS

5:30PM
WATER INTERVALS

THURSDAY
SEPT 5TH

6AM -4PM
LAP SWIM

8:30 AM MOVE
IT OR LOSE IT

8:30 PILATES

9:30 CARDIO

9:30 DEEP
WATER

FRIDAY
SEPT 6TH

6AM-12:30
LAP SWIM

8AM-12PM
PICKLEBALL

8:30AM ML
MUSCULAR
LONGEVITY

12:30-6PM
OPEN SWIM

SATURDAY
SEPT 7TH

10AM-4PM
OPEN SWIM

10AM-4PM
BOUNCE
HOUSE

SUNDAY
SEPT 8TH

VOLLEYBALL
1PM-5:30PM

OPEN SWIM
10M-4PM

WALK FOR
WELLNESS
2PM



JACK LINK'S

AQUATIC & ACTIVITY CENTER

MINONG, WI

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WEEKLY JLAAC NEWS

SEPT 2ND-SEPT 8TH

JLAAC POOL & SAUNA
WILL CLOSED
SEPTEMBER 16TH-18TH
FOR REPLACEMENT OF
POOL LIGHTING

FRIDAY OPEN SWIM
12:30PM - 6PM

SAT, SUN
OPEN SWIM
10AM-4PM

WALK FOR WELLNESS
ON SUNDAY
SEPT 8TH AT 2PM

ACTIVITIES & CLASSES REQUIRE A MEMBERSHIP OR
\$5.00 DAY PASS