



WEEKLY CALENDAR

OCT 28TH-NOV 3RD

**MONDAY
OCT 28TH**

**PICKELBALL
8AM-12PM**

**8:30AM
MEMBER-LED
MUSCULAR
LONGEVITY**

**8:30 STRENGTH
& STRETCH**

**5:00PM WATER
INTERVALS**

**6:00PM WATER
FITNESS**

BINGO 5:30PM

**TUESDAY
OCT 29TH**

8:30AM PILATES

9:30 CARDIO

**9:30AM
DEEP WATER**

**10:30AM
YOGA**

**10AM-12PM
PARENT-LED
TODDLER GYM
TIME**

**WEDNESDAY
OCT 30TH**

**PICKELBALL
8AM-12PM**

**8:30AM MEMBER-
LED MUSCULAR
LONGEVITY**

9:30 SILVER & FIT

**10:30AM
SHALLOW H2O**

**11:15AM
TAICHI/GIGONG**

**5PM WATER
INTERVALS**

**6PM WATER
FITNESS**

**THURSDAY
OCT 31ST**

**8:30A MOVE IT
OR LOSE**

8:30AM PILATES

9:30AM CARDIO

**9:30AM DEEP
WATER**

**TRUNK -O WEEN
4PM-6PM**

**FRIDAY
NOV 1ST**

**PICKELBALL
8AM-12PM**

**8:30AM
MEMBER-LED
MUSCULAR
LONGEVITY**

**8:30AM
STRENGTH**

**10AM
WATER
INTERVALS**

**11AM
WATER FITNESS**

**12PM-5PM
OPEN SWIM**

**SATURDAY
NOV 2ND**

**10AM-4PM
OPEN SWIM**

**10AM-4PM
BOUNCE
HOUSE**

**SUNDAY
NOV 3RD**

**VOLLEYBALL
1PM-5:30PM**

**OPEN SWIM
10M-4PM**



JACK LINK'S

AQUATIC & ACTIVITY CENTER

MINONG, WI

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715-972-8320**



WEEKLY JLAAC NEWS

OCT 28TH- NOV 3RD

BINGO MONDAY NIGHT

5:30PM

10/28/24

\$20.00

10 GAMES OF BINGO

10/31/24

4PM-6PM

TRUNK-O-WEEN

**GAMES, CRAFTS,
HOTDOGS, SMORES
COSTUME CONTEST**

11/27/23

SIP & SHOP

VENDOR FAIR

**START YOU CHRISTMAS
SHOPPING EARLY
COME SHOP WITH US
AND ENJOY SOME
TREATS**

**ACTIVITIES & CLASSES REQUIRE A MEMBERSHIP OR
\$5.00 DAY PASS**