



NO.1

JACK LINK'S AQUATIC AND ACTIVITY CENTER

JAN 2025

WELCOME TO OUR

## *Monthly Newsletter*

### A Update

We're thrilled to share that, thanks to our incredible members, the center saw over 2,500 visits during the 14-day break! A huge thank you to our dedicated staff for keeping up with the hustle and ensuring everything ran smoothly. Your support and hard work made this a truly successful period, and we're excited to continue serving you in the months ahead.



### In this newsletter:

Latest projects, events, free resources, and more. Keep Reading!

### Add to your calendar:

1. Bingo every Monday @ 5:30pm
2. American Red Cross Blood Drive  
Jan 14th 12pm-6pm
3. Booze Basket Bingo Jan 26 1pm

## PERSONAL TRAINING PACKAGES

<p><b>STANDARD</b></p> <p><b>\$250</b> /month</p> <p>Get 4 sessions per month.</p>	<p><b>GOLD</b></p> <p><b>\$400</b> /month</p> <p>Get 8 training sessions per month, and a custom plan.</p>	<p><b>ELITE</b></p> <p><b>\$600</b> /month</p> <p>Get 12 training sessions per month, a custom plan, and weekly progress tracking.</p>
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<b>INDIVIDUAL TRAINING</b>		<b>GROUP TRAINING</b>	
One-on-One Personal Training	<b>\$75</b> /hour	Small Group (2-4 People)	<b>\$120</b> /hour
Sports-Specific Training	<b>\$90</b> /hour	Boot Camp (5-10 People)	<b>\$150</b> /hour

**SPECIAL PROGRAMS**

<p><b>Weight Loss Program</b></p> <p>Get 2 sessions per week, a custom plan, weekly check-ins, and support.</p> <p><b>\$1,000</b> (12 weeks)</p>	<p><b>Post-Rehabilitation Training</b></p> <p>Custom recovery sessions, planned with your doctor.</p> <p><b>\$100</b> /session</p>
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## News

We're excited to announce our new partnership with Dan Andersen, a kinesiologist and fitness specialist from Hayward, Wisconsin. If you're interested in personalized training, Dan is here to help you reach your fitness goals! For more information, please visit our website.



## Free Resources

- Pickleball every Monday, Wednesday, Friday @ 8am-12pm
- Open Swimming:  
Every Friday @ 12pm-5pm  
Every Saturday and Sunday 10am-4pm
- Silver & Fit every Wednesday 9:30AM
- Pilates  
Every Tuesday & Thursday @ 8:30am

## Our Latest Projects

WE'VE BEEN BUSY IMPROVING THE CENTER TO ENHANCE YOUR EXPERIENCE!

CHECK OUT SOME OF OUR RECENT UPDATES:

- **New Lights in the Pool Room:** We've upgraded the lighting in the pool area to create a brighter, more inviting atmosphere for your swim sessions.
- **New Rubber Mat at the End of the Water Slide:** To ensure safety and comfort, we've installed a new rubber mat at the end of the water slide, making for a smoother and safer landing.
- **New Mobile Sound System :** To enhance events and activities, we've added a state-of-the-art mobile sound system, providing clear and powerful audio throughout the center.

Stay tuned for more updates as we continue to improve the center!

