



WEEKLY CALENDAR

JAN 6TH-JAN 12TH

**MONDAY
JAN 6TH**

PICKELBALL
8AM-12PM

8:30 STRENGTH
& STRETCH

10AM WATER
INTERVALS

3:00PM
STRENGTH

4:30PM WATER
INTERVALS

5:30 WATER
INTERVALS

BINGO 5:30PM

**TUESDAY
JAN 7TH**

8:30AM PILATES

9:30 CARDIO

9:30AM
DEEP WATER

10:30AM
YOGA

**WEDNESDAY
JAN 8TH**

PICKELBALL
8AM-12PM

9:30 SILVER & FIT

10:30AM
SHALLOW H2O

11:15AM
TAICHI/GIGONG

4:30PM STRENGTH

**THURSDAY
JAN 9TH**

8:30AM MOVE IT
OR LOSE IT

9:30AM CARDIO

9:30AM DEEP
WATER

**FRIDAY
JAN 10TH**

8:30AM
STRENGTH

10AM
WATER
INTERVALS

OPEN SWIM
12PM-5PM

**SATURDAY
JAN 11TH**

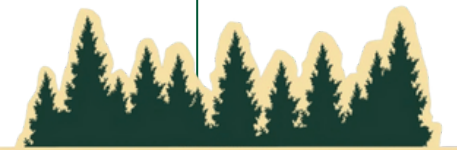
OPEN SWIM
10AM-4PM

BOUNCE
HOUSE
10AM-4PM

**SUNDAY
JAN 12TH**

OPEN SWIM
10AM-4PM

VOLLEYBALL
12PM-4PM



JACK LINK'S

AQUATIC & ACTIVITY CENTER

MINONG, WI

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715-972-8320



WEEKLY JLAAC NEWS

JAN 6TH-JAN 12TH

BINGO MONDAY NIGHT

5:30PM

1/6/25

\$20.00

10 GAMES OF BINGO

**REGISTER FOR OUR
BLOOD DRIVE 1/14/24**

**1/11/25
BOUNCE HOUSE
&
OPEN SWIM
10AM-4PM**

**ACTIVITIES & CLASSES REQUIRE A MEMBERSHIP OR
\$5.00 DAY PASS**