



WEEKLY CALENDAR

JAN 20TH-JAN 26TH

**MONDAY
JAN 20TH**

**PICKELBALL
8AM-12PM**

**8:30AM
STRENGTH &
STRETCH**

**10AM WATER
INTERVALS**

**3:00PM
STRENGTH**

**4:30PM WATER
INTERVALS**

**5:30 WATER
INTERVALS**

BINGO 5:30PM

**TUESDAY
JAN 21ST**

8:30AM PILATES

9:30 CARDIO

**9:30AM
DEEP WATER**

**10:30AM
YOGA**

**WEDNESDAY
JAN 22ND**

**PICKELBALL
8AM-12PM**

9:30 SILVER & FIT

**10:30AM
SHALLOW H2O**

**11:15AM
TAICHI/GIGONG**

4:30PM STRENGTH

**THURSDAY
JAN 23RD**

**8:30AM MOVE IT
OR LOSE IT**

9:30AM CARDIO

**9:30AM DEEP
WATER**

**FRIDAY
JAN 24TH**

**8:30AM
STRENGTH**

**10AM
WATER
INTERVALS**

**OPEN SWIM
12PM-5PM**

**SATURDAY
JAN 25TH**

**OPEN SWIM
10AM-4PM**

**BOUNCE
HOUSE
10AM-4PM**

**NORTHWOOD
SNOWBALL
DANCE
6PM**

**SUNDAY
JAN 26TH**

**OPEN SWIM
10AM-4PM**

**VOLLEYBALL
12PM-4PM**

**BOOZE BASKET
BINGO 1PM**



JACK LINK'S

AQUATIC & ACTIVITY CENTER

MINONG, WI

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WEEKLY JLAAC NEWS

JAN 20TH-JAN 26TH

BINGO MONDAY NIGHT

5:30PM

1/13/25

\$20.00

10 GAMES OF BINGO

1/26/25

BOOZE BASKET BINGO

1PM START

\$25 FOR

10 GAMES

1/18/25

BOUNCE HOUSE

&

OPEN SWIM

10AM-4PM

ACTIVITIES & CLASSES REQUIRE A MEMBERSHIP OR
\$5.00 DAY PASS