

NO.10

JACK LINK'S AQUATIC AND ACTIVITY CENTER

OCT. 2025

## MONTHLY NEWSLETTER

## SPOOKY SPLASHES AND SCARY STRENGTH AWAIT YOU THIS OCTOBER HERE AT JACK LINK'S AQUATIC AND ACTIVITY CENTER!

OCTOBER IS HERE, AND WHILE THE DAYS MAY BE GETTING COOLER, THINGS ARE HEATING UP WITH SPOOKTACULAR FUN AT JACK LINK'S AQUATIC & ACTIVITY CENTER! THIS MONTH IS THE PERFECT TIME TO STAY ACTIVE, CONNECT WITH FRIENDS, AND ENJOY A FRIGHTFULLY FUN LINEUP OF ACTIVITIES—FROM WICKED WORKOUTS TO FAMILY-FRIENDLY FESTIVITIES.

## TRUNK O' WEEN & COSTUME CONTEST FRIDAY, OCTOBER 31 | 4:00-6:00 PM

GET READY FOR AN EVENING FULL OF HALLOWEEN FUN! ENJOY S'MORES, HALLOWEEN ACTIVITIES, PHOTO OPPORTUNITIES, AND TRICK-OR-TREATING IN THE PARKING LOT. STICK AROUND FOR THE COSTUME CONTEST AT 6:00 PM-ALL AGES ARE WELCOME. DON'T MISS THIS SPOOKTACULAR NIGHT FOR THE WHOLE FAMILY!

#### **GUN BINGO**

## SUNDAY, OCTOBER 26 | DOORS OPEN 12:00 PM | BINGO STARTS 1:00 PM

TEN GUNS, TEN GAMES-DON'T MISS YOUR CHANCE TO WIN! TICKETS ARE LIMITED, WITH ONLY 100 AVAILABLE, SO GRAB YOURS WHILE YOU STILL CAN. A CASH BAR AND LIGHT LUNCH WILL BE AVAILABLE, MAKING IT AN AFTERNOON OF FUN, EXCITEMENT, AND PRIZES.

### **BASKETBALL PICK-UP GAMES**

#### **EVERY TUESDAY IN OCTOBER | 11:00 AM-3:00 PM**

LOOKING FOR SOME FRIENDLY COMPETITION? JOIN US IN THE GYM FOR PICK-UP BASKETBALL! ALL SKILL LEVELS ARE WELCOME-JUST BRING YOUR ENERGY AND GET READY FOR A FUN TIME ON THE COURT.

STAY ACTIVE, HAVE FUN, AND MAKE THE MOST OF OCTOBER WITH US AT JACK LINK'S AQUATIC & ACTIVITY CENTER! WE CAN'T WAIT TO SEE YOU AT THESE EVENTS AND AROUND THE FACILITY-LET'S MAKE THIS MONTH ONE TO REMEMBER!



## ADD TO YOUR CALENDAR:

PICKLEBALL EVERY MONDAY, WEDNESDAY,
FRIDAY 8AM TO 12PM
MEMBER ONLY DOOR HOURS
MONDAY THROUGH FRIDAY
5AM-8AM & 6PM-8PM

## **UPCOMING EVENTS - MARK YOUR CALENDARS!**







## BIRTHDAY BUZZ





**TODD TYLEE - OCTOBER 15TH** 

YOU'LL USUALLY FIND TODD DOING WHAT HE LOVES MOST-COOKING IN THE KITCHEN! WISHING HIM A FANTASTIC BIRTHDAY FILLED WITH FUN AND CELEBRATION.

## BELATED BIRTHDAY SHOUT-OUT: STEPHANIE

WE MISSED CELEBRATING STEPHANIE'S BIRTHDAY BACK IN JULY! YOU'LL FIND HER AS ONE OF OUR MAIN LIFEGUARDS, ALWAYS GREETING AND ENCOURAGING OUR SWIMMERS WITH HER WARM, FRIENDLY SMILE. HAPPY BELATED BIRTHDAY, STEPHANIE!

## **DID YOU KNOW?**

JACK LINK'S AQUATIC & ACTIVITY CENTER IS FULLY ADA ACCESSIBLE AND READY TO HELP ALL MEMBERS REACH THEIR GOALS!

- DISABLED OR HANDICAPPED INDIVIDUALS MAY QUALIFY FOR DISCOUNTED OR FREE GYM MEMBERSHIPS (INQUIRE AT THE WELCOME DESK).
- OUR FACILITY IS FULLY ACCESSIBLE-FROM THE GYM AND WORKOUT ROOM TO SHOWERS AND LOCKER ROOMS.
- THE AQUATIC CENTER FEATURES ZERO-DEPTH ENTRY AND A HOYER LIFT CHAIR FOR EASY POOL ACCESS.
- TRANSPORTATION IS NO PROBLEM! WE COORDINATE WITH LOCAL SERVICES TO PROVIDE PICK-UP AND DROP-OFF RIGHT FROM YOUR HOME.

# MORE THAN A CENTER - WE'RE A COMMUITY!

JACK LINK'S AQUATIC & ACTIVITY CENTER IS YOUR PLACE TO MOVE, CONNECT, AND HAVE FUN-AND IT'S MEMBERS LIKE YOU WHO MAKE IT SPECIAL!

### STAY CONNECTED

FOLLOW US FOR UPDATES ON EVENTS, PROGRAMS, AND SPECIAL OFFERS. SHARE YOUR JLAAC MOMENTS WITH US BY TAGGING YOUR PHOTOS!

#### SPREAD THE FUN

LOVE JLAAC? INVITE A FRIEND AND HELP OUR COMMUNITY GROW. FOLLOW US:

- MINSTAGRAM: @JLAACMINONG
- FACEBOOK: JACK LINK'S AQUATIC CENTER
- ⊕ WWW.JLAAC.ORG

JLAAC IS LOOKING INTO WAYS TO IMPROVE AND EXPAND OUR FACILITY IN WAYS THAT BEST SERVE OUR COMMUNITY AND THE SURROUNDING AREAS. WE WOULD GREATLY APPRECIATE IT IF YOU COULD TAKE A FEW MOMENTS TO COMPLETE OUR SHORT SURVEY.

YOUR INSIGHT WILL HELP US UNDERSTAND:

- WHAT YOUR EXPECTATIONS ARE FROM US AS MANAGEMENT
- WHAT YOU WOULD LIKE TO SEE CHANGED OR ADDED TO OUR COMMUNITY FACILITY

HTTPS://FORMS.CLOUD.MICROSOFT/R/MSAK HH7Z3A

YOUR FEEDBACK IS INVALUABLE AND WILL HELP US MAKE JLAAC THE BEST IT CAN BE FOR EVERYONE!

## FREE RESOURCES

## **OPEN SWIM**

EVERY FRIDAY 12PM-5PM & EVERY SATURDAY & SUNDAY 10AM-4PM

#### **CARDIO**

EVERY TUESDAY & THURSDAY @ 9:30AM W/ PEGGY

SILVER & FIT

EVERY WEDNESDAY @ 9:30AM W/ ROBIN

**PILATES** 

EVERY TUESDAY & THURSDAY @ 8:30AM W/ ROBIN







Tuesday Wednesday 714 West Holan 1 Street Minors W. Pickleball 8am-12nm	2
Street Minong Wd   Pickleball Sam-12pm   54859   Gym Closed @ 12	
8.30am Plates 9.30am Deep Water 9.30am Deep Water 8.30am ML Strength 8.30am ML Strength 3. Strech 10.30am Shallow H20	0.4
8:30am Plates 9:30am Cardio 9:30am Deep Water 10:30am Standing/Sitting Yoga Baske thall Pick Up H2O H2O H2O H1:15a TaiChi/Qigong	σ
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8:30am Plates 9:30am Cardio 9:30am Deep Water 10:30am Standing/Sitting Yogs Baske thall Pick Up Rames 11am-3pm 29 Pickleball 8am-12pm 8:30am ML Strength 8:30am ML Strength 8:30am ML Strength 9:30am Strech 10:30am Shallow H2O 11:15a TaiChi/Qigong	5